

# Large Bowls

	<u>Original</u>
Calories	400
Carbs	90
Sugar	58
Protein	4
Fiber	11
Fat	4

	<u>Tropical</u>
Calories	430
Carbs	98
Sugar	60
Protein	6
Fiber	12
Fat	5

	<u>Mango</u>
Calories	440
Carbs	101
Sugar	69
Protein	4
Fiber	12
Fat	4

	<u>Popeye</u>
Calories	440
Carbs	101
Sugar	61
Protein	7
Fiber	13
Fat	6

	<u>Peanut Butter</u>
Calories	790
Carbs	94
Sugar	60
Protein	18
Fiber	19
Fat	32

	<u>PB Raspberry</u>
Calories	860
Carbs	118
Sugar	75
Protein	21
Fiber	20
Fat	42

	<u>Berry On</u>
Calories	750
Carbs	96
Sugar	56
Protein	15
Fiber	21
Fat	40

	<u>Coco Beach</u>
Calories	550
Carbs	108
Sugar	68
Protein	7
Fiber	15
Fat	15

	<u>Dragon Fly</u>
Calories	540
Carbs	109
Sugar	69
Protein	7
Fiber	13
Fat	13