

Smoothies

	<u>Original</u>	<u>Tropical</u>	<u>Mango</u>	<u>Popeye</u>	<u>Dragon Fly</u>	<u>Peanut Butter</u>	<u>PB Raspberry</u>	<u>Berry On</u>	<u>Coco Beach</u>	<u>Samblaster</u>	<u>Berry Blast</u>	<u>Lean Green</u>	<u>Go Green</u>	<u>Choc Almondberry</u>	<u>Pina-Cado</u>
Calories	260	290	290	300	250	420	450	500	240	220	280	230	570	500	550
Carbs	61	69	71	71	63	59	66	72	47	54	71	30	73	80	58
Sugar	41	43	50	43	48	38	41	42	25	36	46	12	28	49	26
Protein	2	3	2	4	3	10	11	11	4	4	4	19	30	11	10
Fiber	7	9	9	10	5	11	14	22	10	5	12	11	20	19	12
Fat	2	2	2	2.5	1	19	19	22	5	0.5	1	5	22	18	34